

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: HZS

Coachinfo: Warming up from: 07:45 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Konings Antoinette HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:2, starttime: 09:00
Heat: 2/27 Lane : 2 Athlete: DANIELS LOTTE			Q-time: 01:32:78
PB (50m pool): 01:30.07 Antwerpen 15/03/2026			PB (25m pool): 01:30.09 SB: 01:30.07 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:42.46	01:30.07	
	00:42.46	00:47.61	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:4, starttime: 09:05
Heat: 4/27 Lane : 5 Athlete: LENAERTS JULIA			Q-time: 01:24:64
PB (50m pool): 01:20.15 Olympic Pool Wezenberg, Antwer 29/03/2026			PB (25m pool): 01:22.81 SB: 01:20.15 Olympic Pool Wezenberg, Antwer 29/03/2026
	5 0 M	1 0 0 M	
PB	00:39.42	01:20.15	
	00:39.42	00:40.73	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:6, starttime: 09:10
Heat: 6/27 Lane : 1 Athlete: VAN GUYSE ADA			Q-time: 01:21:49
PB (50m pool): 01:18.95 SportinGenk Park 06/04/2026			PB (25m pool): 01:24.29 SB: 01:18.95 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:36.60	01:18.95	
	00:36.60	00:42.35	
			

Coach feedback:

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Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:6, starttime: 09:10
Heat: 6/27 Lane : 7 Athlete: PUT TYANA			Q-time: 01:21:43
PB (50m pool): 01:18.54 Antwerpen 15/03/2026			PB (25m pool): 01:19.11 SB: 01:18.54 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:38.31	01:18.54	
	00:38.31	00:40.23	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:7, starttime: 09:10
Heat: 7/27 Lane : 7 Athlete: DESAIR ANNA-LOUISE			Q-time: 01:19:27
PB (50m pool): 01:17.25 Antwerpen 15/03/2026			PB (25m pool): 01:20.78 SB: 01:17.25 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:36.47	01:17.25	
	00:36.47	00:40.78	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:11, starttime: 09:20
Heat: 11/27 Lane : 6 Athlete: BEVERNAGE TRIX			Q-time: 01:13:64
PB (50m pool): 01:13.64 Genk 01/02/2026			PB (25m pool): 01:17.97 SB: 01:13.64 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:35.84	01:13.64	
	00:35.84	00:37.80	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:12, starttime: 09:20
Heat: 12/27 Lane : 4 Athlete: VANDER MEER NOOR			Q-time: 01:12:51
PB (50m pool): 01:12.36 Antwerpen 15/03/2026			PB (25m pool): 01:14.87 SB: 01:12.36 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:34.58	01:12.36	
	00:34.58	00:37.78	
			

Coach feedback:

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Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:12, starttime: 09:20
Heat: 12/27 Lane : 6 Athlete: VANIERSCHOT LINA			Q-time: 01:12:62
PB (50m pool): 01:12.69 Antwerpen 14/07/2024			PB (25m pool): 01:11.05 SB: 01:13.23 Olympic Pool Wezenberg, Antwer 29
	5 0 M	1 0 0 M	
PB	no time	01:12.69	
	no time		
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:14, starttime: 09:25
Heat: 14/27 Lane : 5 Athlete: THEWISSEN MIRTHE			Q-time: 01:10:99
PB (50m pool): 01:10.30 Antwerpen 15/03/2026			PB (25m pool): 01:07.75 SB: 01:10.30 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:33.81	01:10.30	
	00:33.81	00:36.49	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:15, starttime: 09:25
Heat: 15/27 Lane : 0 Athlete: CLAESSENS ISA-BEAU			Q-time: 01:10:76
PB (50m pool): 01:10.36 Antwerpen 08/03/2026			PB (25m pool): 01:09.68 SB: 01:10.36 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:34.45	01:10.36	
	00:34.45	00:35.91	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:18, starttime: 09:30
Heat: 18/27 Lane : 5 Athlete: VERLEYSSEN NOA			Q-time: 01:07:71
PB (50m pool): 01:06.09 Olympic Pool Wezenberg, Antwer 29/03/2026			PB (25m pool): 01:06.33 SB: 01:06.09 Olympic Pool Wezenberg, Antwer 29
	5 0 M	1 0 0 M	
PB	00:32.92	01:06.09	
	00:32.92	00:33.17	
			

Coach feedback:

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Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:21, starttime: 09:35
Heat: 21/27 Lane : 9 Athlete: COPERMANS SAM			Q-time: 01:05:33
PB (50m pool): 01:04.83 SportinGenk Park 06/04/2026			PB (25m pool): 01:03.98 SB: 01:04.83 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:31.49	01:04.83	
	00:31.49	00:33.34	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:22, starttime: 09:40
Heat: 22/27 Lane : 4 Athlete: VANIERSCHOT ELLA			Q-time: 01:04:17
PB (50m pool): 01:03.36 Antwerpen 15/03/2026			PB (25m pool): 01:03.66 SB: 01:03.36 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:31.37	01:03.36	
	00:31.37	00:31.99	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:22, starttime: 09:40
Heat: 22/27 Lane : 8 Athlete: BEUNCKENS TESS			Q-time: 01:04:55
PB (50m pool): 01:04.38 Antwerpen 15/03/2026			PB (25m pool): 01:01.81 SB: 01:04.38 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:31.08	01:04.38	
	00:31.08	00:33.30	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:23, starttime: 09:40
Heat: 23/27 Lane : 4 Athlete: CLAESSENS ELLA-LOUISE			Q-time: 01:03:37
PB (50m pool): 01:02.26 Antwerpen 15/03/2026			PB (25m pool): 01:02.43 SB: 01:02.26 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:29.99	01:02.26	
	00:29.99	00:32.27	
			

Coach feedback:

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Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:24, starttime: 09:40
Heat: 24/27 Lane : 4 Athlete: EVENS NOOR			Q-time: 01:02:59
PB (50m pool): 01:02.38 SportinGenk Park 19/05/2024			PB (25m pool): 00:59.93 SB: 01:04.31 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	no time	01:02.38	
	no time		
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:25, starttime: 09:40
Heat: 25/27 Lane : 0 Athlete: SARGESJAN NALA			Q-time: 01:02:11
PB (50m pool): 01:02.11 Genk 01/02/2026			PB (25m pool): 01:00.68 SB: 01:02.11 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:02.11	
	no time		
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:13, starttime: 10:15
Heat: 13/24 Lane : 0 Athlete: HOUSEN ILYA			Q-time: 01:28:07
PB (50m pool): 01:26.10 Antwerpen 15/03/2026			PB (25m pool): no time SB: 01:26.10 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:40.57	01:26.10	
	00:40.57	00:45.53	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:15, starttime: 10:20
Heat: 15/24 Lane : 8 Athlete: BERGMANS MATS			Q-time: 01:24:44
PB (50m pool): 01:24.44 Gent 08/02/2026			PB (25m pool): 01:20.33 SB: 01:24.44 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:39.90	01:24.44	
	00:39.90	00:44.54	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: HZS

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:17, starttime: 10:25
Heat: 17/24 Lane : 6 Athlete: HAUBEN THOMAS			Q-time: 01:21:01
PB (50m pool): 01:21.01 Genk 01/02/2026			PB (25m pool): 01:20.39 SB: 01:21.01 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:38.56	01:21.01	
	00:38.56	00:42.45	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:21, starttime: 10:30
Heat: 21/24 Lane : 2 Athlete: VANOPPEN MATHIAS			Q-time: 01:15:79
PB (50m pool): 01:14.60 SportinGenk Park 06/04/2026			PB (25m pool): 01:13.06 SB: 01:14.60 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:34.36	01:14.60	
	00:34.36	00:40.24	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:23, starttime: 10:35
Heat: 23/24 Lane : 3 Athlete: VAN DEN HOORN JELLE			Q-time: 01:10:03
PB (50m pool): 01:10.03 Antwerpen 27/07/2025			PB (25m pool): 01:06.63 SB: 01:11.42 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:33.53	01:10.03	
	00:33.53	00:36.50	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:23, starttime: 10:35
Heat: 23/24 Lane : 9 Athlete: VANGROOTLOON JEF			Q-time: 01:14:91
PB (50m pool): 01:13.18 SportinGenk Park 06/04/2026			PB (25m pool): 01:11.74 SB: 01:13.18 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:33.89	01:13.18	
	00:33.89	00:39.29	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: HZS

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:3, starttime: 10:55
Heat: 3/25 Lane : 2 Athlete: DANIELS LOTTE			Q-time: 01:44:62
PB (50m pool): 01:35.86 Antwerpen 15/03/2026			PB (25m pool): 01:38.34 SB: 01:35.86 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:47.13	01:35.86	
	00:47.13	00:48.73	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:3, starttime: 10:55
Heat: 3/25 Lane : 3 Athlete: LENAERTS JULIA			Q-time: 01:43:53
PB (50m pool): 01:43.53 Gent 08/02/2026			PB (25m pool): no time SB: 01:43.53 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:52.17	01:43.53	
	00:52.17	00:51.36	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:6, starttime: 11:05
Heat: 6/25 Lane : 0 Athlete: PUT TYANA			Q-time: 01:35:59
PB (50m pool): 01:28.42 Olympic Pool Wezenberg, Antwer 29/03/2026			PB (25m pool): 01:30.16 SB: 01:28.42 Olympic Pool Wezenberg, Antwer 29/03/2026
	5 0 M	1 0 0 M	
PB	00:42.94	01:28.42	
	00:42.94	00:45.48	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:8, starttime: 11:10
Heat: 8/25 Lane : 7 Athlete: VAN GUYSE ADA			Q-time: 01:30:59
PB (50m pool): 01:27.62 SportinGenk Park 06/04/2026			PB (25m pool): 01:24.34 SB: 01:27.62 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:42.03	01:27.62	
	00:42.03	00:45.59	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: HZS

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:10, starttime: 11:10
Heat: 10/25 Lane : 1 Athlete: CLAESSENS ISA-BEAU			Q-time: 01:27:56
PB (50m pool): 01:27.56 Gent 08/02/2026			PB (25m pool): 01:25.00 SB: 01:27.56 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:43.33	01:27.56	
	00:43.33	00:44.23	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:10, starttime: 11:10
Heat: 10/25 Lane : 9 Athlete: DESAIR ANNA-LOUISE			Q-time: 01:27:77
PB (50m pool): 01:26.85 Antwerpen 15/03/2026			PB (25m pool): 01:27.40 SB: 01:26.85 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:43.18	01:26.85	
	00:43.18	00:43.67	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:11, starttime: 11:15
Heat: 11/25 Lane : 8 Athlete: BEVERNAGE TRIX			Q-time: 01:26:66
PB (50m pool): 01:26.66 Seraing 25/01/2026			PB (25m pool): 01:23.05 SB: 01:26.66 Seraing 25/01/2026
	5 0 M	1 0 0 M	
PB	00:42.99	01:26.66	
	00:42.99	00:43.67	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:13, starttime: 11:20
Heat: 13/25 Lane : 1 Athlete: VANDER MEER NOOR			Q-time: 01:23:64
PB (50m pool): 01:20.51 Olympic Pool Wezenberg, Antwer 29/03/2026			PB (25m pool): 01:18.90 SB: 01:20.51 Olympic Pool Wezenberg, Antwer 29/03/2026
	5 0 M	1 0 0 M	
PB	00:38.93	01:20.51	
	00:38.93	00:41.58	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: HZS

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:15, starttime: 11:20
Heat: 15/25 Lane : 5 Athlete: CLAESSENS ELLA-LOUISE			Q-time: 01:20:45
PB (50m pool): 01:19.79 Antwerpen 15/03/2026			PB (25m pool): 01:16.89 SB: 01:19.79 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:39.26	01:19.79	
	00:39.26	00:40.53	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:15, starttime: 11:20
Heat: 15/25 Lane : 6 Athlete: VANIERSCHOT NORA			Q-time: 01:20:90
PB (50m pool): 01:20.90 Antwerpen 13/07/2025			PB (25m pool): 01:17.31 SB: no time
	5 0 M	1 0 0 M	
PB	00:39.76	01:20.90	
	00:39.76	00:41.14	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:15, starttime: 11:20
Heat: 15/25 Lane : 8 Athlete: CPERMANS SAM			Q-time: 01:21:96
PB (50m pool): 01:21.96 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 01:19.53 SB: 01:23.32 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:39.95	01:21.96	
	00:39.95	00:42.01	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:17, starttime: 11:25
Heat: 17/25 Lane : 2 Athlete: VANIERSCHOT LINA			Q-time: 01:18:59
PB (50m pool): 01:21.18 Olympic Pool Wezenberg, Antwer 29/03/2025			PB (25m pool): 01:18.59 SB: 01:21.18 Olympic Pool Wezenberg, Antwer 29/03/2025
	5 0 M	1 0 0 M	
PB	00:39.31	01:21.18	
	00:39.31	00:41.87	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: HZS

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:18, starttime: 11:30
Heat: 18/25 Lane : 5 Athlete: SARGESJAN NALA			Q-time: 01:17:26
PB (50m pool): 01:17.26 Seraing 25/01/2026			PB (25m pool): 01:19.07 SB: 01:17.26 Seraing 25/01/2026
	5 0 M	1 0 0 M	
PB	00:37.57	01:17.26	
	00:37.57	00:39.69	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:18, starttime: 11:30
Heat: 18/25 Lane : 6 Athlete: THEWISSEN MIRTHE			Q-time: 01:17:52
PB (50m pool): 01:17.52 Antwerp 26/01/2025			PB (25m pool): 01:14.86 SB: 01:18.00 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:38.14	01:17.52	
	00:38.14	00:39.38	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:20, starttime: 11:30
Heat: 20/25 Lane : 1 Athlete: BEUNCKENS TESS			Q-time: 01:16:01
PB (50m pool): 01:16.01 Antwerp 02/02/2025			PB (25m pool): 01:14.72 SB: 01:16.98 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:36.42	01:16.01	
	00:36.42	00:39.59	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:21, starttime: 11:35
Heat: 21/25 Lane : 3 Athlete: VERLEYSSEN NOA			Q-time: 01:14:14
PB (50m pool): 01:13.16 Antwerpen 15/03/2026			PB (25m pool): 01:14.46 SB: 01:13.16 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:35.65	01:13.16	
	00:35.65	00:37.51	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: HZS

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:22, starttime: 11:35
Heat: 22/25 Lane : 5 Athlete: EVENS NOOR			Q-time: 01:12:78
PB (50m pool): 01:12.78 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:09.49 SB: 01:14.34 SportinGenk Park 06/04/2026			
	5 0 M	1 0 0 M	
PB	00:35.34	01:12.78	
	00:35.34	00:37.44	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:22, starttime: 11:35
Heat: 22/25 Lane : 6 Athlete: VANIERSCHOT ELLA			Q-time: 01:13:01
PB (50m pool): 01:13.01 Antwerp 09/02/2025 PB (25m pool): 01:10.48 SB: 01:13.13 Antwerpen 15/03/2026			
	5 0 M	1 0 0 M	
PB	00:35.76	01:13.01	
	00:35.76	00:37.25	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:22, starttime: 11:35
Heat: 22/25 Lane : 9 Athlete: LUTS EMILIA			Q-time: 01:13:67
PB (50m pool): 01:13.67 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:10.87 SB: 01:15.97 Genk 01/02/2026			
	5 0 M	1 0 0 M	
PB	00:35.48	01:13.67	
	00:35.48	00:38.19	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:14, starttime: 12:10
Heat: 14/22 Lane : 7 Athlete: HOUSEN ILYA			Q-time: 01:11:96
PB (50m pool): 01:11.66 SportinGenk Park 06/04/2026 PB (25m pool): 01:16.57 SB: 01:11.66 SportinGenk Park 06/04/2026			
	5 0 M	1 0 0 M	
PB	00:32.81	01:11.66	
	00:32.81	00:38.85	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: HZS

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:15, starttime: 12:10
Heat: 15/22 Lane : 1 Athlete: VANOPPEN MATHIAS			Q-time: 01:10:25
PB (50m pool): 01:10.25 Genk 01/02/2026			PB (25m pool): 01:09.06 SB: 01:10.25 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:31.23	01:10.25	
	00:31.23	00:39.02	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:17, starttime: 12:15
Heat: 17/22 Lane : 4 Athlete: HAUBEN THOMAS			Q-time: 01:06:15
PB (50m pool): 01:06.15 Gent 08/02/2026			PB (25m pool): 01:06.17 SB: 01:06.15 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:30.79	01:06.15	
	00:30.79	00:35.36	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:18, starttime: 12:15
Heat: 18/22 Lane : 6 Athlete: BERGMANS MATS			Q-time: 01:04:93
PB (50m pool): 01:04.93 Gent 08/02/2026			PB (25m pool): 01:03.82 SB: 01:04.93 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:29.93	01:04.93	
	00:29.93	00:35.00	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:20, starttime: 12:20
Heat: 20/22 Lane : 8 Athlete: VANGROOTLOON JEF			Q-time: 01:03:01
PB (50m pool): 01:01.11 Antwerpen 08/03/2026			PB (25m pool): 01:04.79 SB: 01:01.11 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:27.70	01:01.11	
	00:27.70	00:33.41	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: HZS

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:21, starttime: 12:20
Heat: 21/22 Lane : 2 Athlete: HAUBEN SANDER			Q-time: 01:01:38
PB (50m pool): 01:01.38 Antwerpen 27/07/2025			PB (25m pool): 00:59.05 SB: 01:02.96 Olympic Pool Wezenberg, Antwer 29
	5 0 M	1 0 0 M	
PB	00:27.89	01:01.38	
	00:27.89	00:33.49	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:22, starttime: 12:20
Heat: 22/22 Lane : 7 Athlete: VAN DEN HOORN JELLE			Q-time: 01:01:67
PB (50m pool): 01:01.55 Antwerpen 22/03/2026			PB (25m pool): 00:58.84 SB: 01:01.55 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:28.59	01:01.55	
	00:28.59	00:32.96	
			

Coach feedback: